

## DLF EDGE

New Generation Workplaces

20th EDITION

WELLNESS

CHILD CARE

ENTERTAINMENT



# THE INTEGRATION OF WORK & REJUVENATION IS INDISPENSABLE

## Introducing a new conversation in corporate life where productivity matters and stress needs to be off the mind.

DLF has been at the forefront of pioneering modern infrastructure and technology in India. Since its inception, the organization has been intricately entwined with the goal of turning this nation into a business hotspot and to do so, the standard array of amenities and services just weren't enough to suffice. Today, you will find a host of support and value-added services within Cybercity Gurugram that have been specifically designed to make employees bid farewell to their

work stress and perform optimally at their work.

Here, we try to capture the essence of what drives this unique ecosystem and how these very amenities are the stepping stones towards a rapidlyevolving work culture.



DLF EDGE 20

## THE SEAMLESS FLOW FROM WORK TO WELLNESS

Sound health is essential for productivity to boom.



Employee productivity is the defining factor for any corporate company under the great blue sky, but what happens when an employee's health is at stake?

Enter Medanta Mediclinic, which is located at a focal point of the plush complex, catering to the health-related needs of your employees working in DLF Cybercity Gurugram. This 24x7 clinic provides emergency services, pathology services, and other OPD services like general checkups,

ophthalmology, dentistry, etc. In addition to these features, an on-call paramedic ambulance is stationed



within the commercial enclave to handle emergency situations.

## SPECIAL FACILITIES FOR CORPORATE CUSTOMERS

Home Care Services for Family Members of Employees

Remote Assistance In-Office

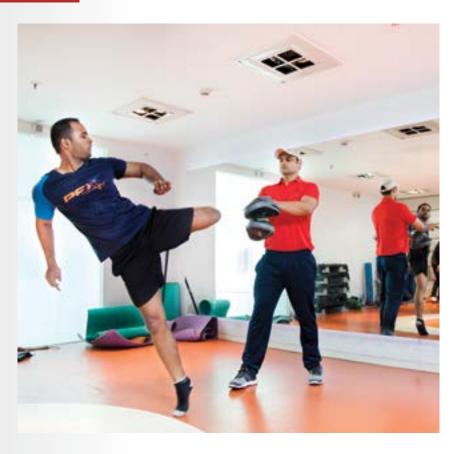
**Blood Sample Collection** 

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#### ELEMENTION GYM INFINITY TOWER C

Resulting from the fast-paced corporate culture, employees, today, are facing a number of health-related issues, including severe backpain caused due to sitting at the desk all day, muscle cramps in the neck region, and over-all cholesterol issues. To negate these ill-effects and focus on elevating fitness, Elemention - a fully-equipped, modern gymnasium - established its roots at Infinity tower at DLF Cybercity.

The facility features professional trainers for routine workout programs such as Kick-Boxing, Power Pump, Zumba, Aerobics, etc., apart from the usual regimen, and they have tied-up with a quite a few companies operating within DLF Cybercity Gurugram.





"Elemention helped me solve a long-running back problem. I owe them my peace"

> **Robin** Employee at KPMG

## MOST POPULAR TRAINING ROUTINES

Bums Tums Thighs
Aerobics
Zumba
Kick Boxing
Dance
Power Pump
Circuit Training



#### FOR YOUR KIDS

The perfect safe haven for working parents.

#### IPSAA BLDG. 9B

Handling a full-time job and family simultaneously can take a toll on a person's health, especially when one has children running around the house. And this is exactly where IPSAA, a daycare facility for children steps in at Bldg. 9B in DLF Cybercity Gurugram. With an aim to provide wholesome daycare facilities for kids between 4 months and 4 years of age, IPSAA engages children in a slew of activities that are designed to help them develop intelligence and smart-thinking. Food for the kids is freshly cooked in an in-house kitchen meeting all health and cleanliness norms.











SPECIAL FEATURES Comfortable Air-Conditioned **Environment for Kids** 1:5-Adult to Child Ratio **Experiential Learning** Regular Feedback to Parents Tie ups for emergency responses

In-House Kitchen

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### FOR THE 9 YEAR OLD IN YOU

Now and again, the innermost child within us aches to break out, for an evening at least. We have taken care of that too.



MOST POPULAR GAMES

> Cricket Flymax

Jurassic Escape

**Smart Arcade** 

**Twilight** 

**Vulcan Force** 

Walk the Plank

## SMAAASH DLF CYBERHUB

The world is literally your playground at SMAAASH in CyberHub. SMAAASH is a one-off entertainment zone at the heart of CyberHub that caters to more than 700 corporate as well as non-corporate individuals every day.

This entertainment zone has been making word-to-mouth rounds

and is an exciting option if you're looking for some post-office fun.

But the icing on the cake is that SMAAASH hosts numerous leagues & tournaments especially for corporate companies that they have tie-ups with. So, corporate groups, get your game faces on!





### PEOPLE & Co. DLF CYBERHUB



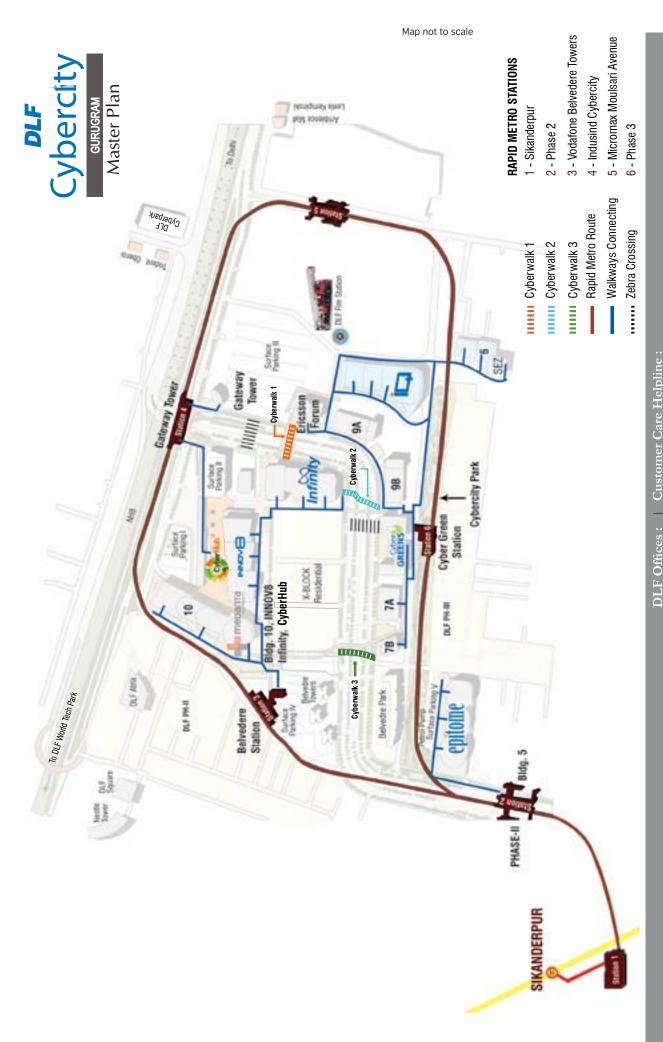
Everyone enjoys a good laugh once in a while, and Canvas Laughter Challenge, as everyone knows it, is the perfect remedy for beating the blues. The avenue can also be termed as the holy trinity of entertainment owing to three factors: Stand-up Comedy, Live Music, and Live Plays, all under one roof. AIB, East India Comedy, Anuvab Pal, Kanan Gill, Aditi Mittal, Varun Thakur, and Abish Mathew are few of the comedians who frequent this venue. The club also hosts several corporate events and groups for companies in DLF Cybercity Gurugram.





ENJOY AT CLC Drinks & Food Fun & Live Music Stand-up Comedy Theatre





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Amit Singhal | singhal-amit1@dlf.in | +91 98910 67492

+91 124 4321321 | 1800-103-0022